

Trafford Head of the Bridgewater

Saturday 23rd February 2019

Bridgewater Canal, Sale, Manchester

(Full course runs from Oldfield Brow Marina in the direction of Manchester finishing just before the Clubhouse at Walton Park, Brooklands Sale. Short course starts to the north of Timperley Bridge and finishes as above)

Full course (3,200m) Divisions 1, 3 and 5 Crews of any status
Short course (1,000m) Divisions 2, 4 and 6 Less experienced crews and adaptive.
The competition will comply with British Rowing Rules of Racing

**Junior 8+ and Mixed
Masters events
added**



Divisions 1 and 2 Start time 09:30 AM Scullers meeting at 08:15 AM
Single sculls (1x): Crews of any status from J12 up; adaptive. W J16.8+ now in this division.

Divisions 3 and 4 Start time 12:00 PM Coxes and scullers meeting at 10:30 AM
See below for boat classes

Divisions 5 and 6 Start time 2:30 PM Coxes and scullers meeting at 1:00 PM
See below for boat classes

	Divisions 3 and 4		Divisions 5 and 6	
	OPEN	WOMEN	OPEN	WOMEN
Eights (8+)	Senior	Masters	Masters	Senior; W J18
Octuple Sculls (8x+)		J13-J18	J13-J18	
Coxed fours (4+)	Masters	Senior	Senior	Masters
Coxless quads (4x)	J16-J18. Mx Mas D	Seniors; Masters	Seniors; Masters	J16-J18
Coxed Quads (4x+)	J13-J15			J13-J15
Double sculls	Senior	J13-J18; Masters	J13-J18; Masters Mx Mas E	Senior

Entries

- British Rowing Online Entry (BROE 2) only, at www.britishrowing.org
- Entries will be capped at 60 crews per pair of divisions.
- J14 and J15 events are offered on both long and short courses, to accommodate less skilled entrants.
- Entries close at midnight on **Friday 15th February 2019** (or earlier if over subscribed)
- Draw will be on **Sunday 17th February 2019** (or earlier if over subscribed) at 13 Heath Road, WA14 2UJ
- Entry Fees in advance via BROE only: Seniors & Masters - £9.00 per seat; Juniors - £7.00 per seat.
- Enquiries (no telephone entries): Henry Law, head2019@lawshouse.org 07530 804698

Notes

- Single entries will be promoted to the next status
- Doubling up is encouraged
- Masters events will be handicapped if necessary
- Events other than those offered above will be considered (e.g. mixed events)
- Events will be banded within their division where necessary to provide enjoyable competition.
- Boating for each division will commence immediately after the coxes / scullers meetings
- Trafford RC reserves the right to adjust the schedule if required due to prevailing conditions.
- **NB** only half a crew and the coxswain may be substituted once entries have closed. Substitutes must be a member of the same club, or clubs in the case of a composite crew, as the athletes they are replacing (Rule 7-2-4b and also fulfilling the requirements of 2-1-1)

Boating from Walton Park Sports Centre, Raglan Road, Sale M33 4AG (not a postal address!)

www.traffordrowing.club